

Welcome to the JAN/FEB 2010 issue of "Hunger News You Can Use!"

When Jesus said, "**You give them something to eat.**" *Mark 6:37*,
he was talking to **YOU.**

Don't forget, we will receive a Cents-Ability offering at all our presbytery meals, so come prepared with a pocketful of change!

My hope is that every church prayerfully considers adopting this exciting program as a small, first step in the battle against hunger & poverty. It's amazing how your change can add up! On behalf of hungry people world-wide... **THANK YOU!**

The Presbyterian Hunger Program (PHP) is a ministry of the Presbyterian Church (U.S.A.) that works to alleviate hunger and eliminate its causes, responding with compassion and justice to poor and hungry people in local communities in the United States and internationally.

In this month's packet:

☀ **NEWS BITES** - Catch up on the latest good news!

☀ **IT'S TIME FOR THE SOUPER BOWL OF CARING** –
How you can join in? Look inside!

☀ **Jesus said, "Do you love me? Feed my sheep." HAVE YOU ORDERED YOUR ONE GREAT HOUR OF SHARING RESOURCES?** - See how easy it is!

☀ **HOW CAN WE CHANGE THE WORLD TWO BY TWO? WITH A HEIFER INTERNATIONAL GIFT ARK, THAT'S HOW!** - Find out how you can be part of this extraordinary opportunity!

☀ **EQUAL EXCHANGE PRODUCTS PRICE INCREASE POSTER**

We are here to introduce you to info and resources that will enable your church to fight the good fight against hunger. Call us at the presbytery, 724.222.1500 or email at washpresby@yahoo.com, and we'll help you put together a program that's perfect for your church. *Peace, Jeanne*



NEWS BITES FOR JAN/FEB:

Our Hunger Team, Anita Campbell, Pat Cook, Audrey Hawker, Margaret Johnston, Becky Washabaugh, Jeanne Clapp, is here for you! Minute for Mission, Fair Trade education, help with One Great Hour... give us a call!

2009 FINANCIAL REPORT!

- Budget of \$4,000 - \$2,000 grant from PCUSA Hunger Program and \$2,000 from Washington Presbytery M&S Committee
- Coffee Orders totaled \$6,198.50
- Coffee Sales totaled \$5,109.75
- Stock on hand totals approx. \$1,700.00
- Program cost totaled \$2,744.24
- CentsAbility collected and disbursed totaled \$547.67 (50% to PCUSA Hunger and 50% to Wash. Co. Food Bank)
- Hope for Hunger funds raised and disbursed \$1,106.72 (50% to Greene Co. Food Bank and 50% to Wash. Co. Food Bank)
- Additional funds received \$681.00 & disbursed to Wash. Co. Food Bank

HAE BOOKS & BREAD Book Club

Join us for lively conversation at our book club Feb. 3 2, 5:00 at Paneras. Book for Feb. is The Wednesday Wars. All are welcome!



**EQUAL EXCHANGE
COCOA VOTED BEST
IN HEALTH
MAGAZINE!**

Best for Dark Chocolate Lovers

Equal Exchange Organic Hot Cocoa Mix
Calories/serving: 70 Sugar: 11 grams
Fat: 0 grams

From recent issue of HEALTH magazine:
“This low-cal cocoa’s addictive rich flavor will hook the serious chocolate lover. And who wouldn’t love that it has zero grams of fat and only 11 grams of sugar? And if you’re looking to fill your mug with an eco-friendly choice, it’s organic and fair-trade certified, so you can buy it with a clear conscience. Bonus: You can add a tablespoon of whipped cream and still stay under 100 calories.”

**Order by March 2nd for
Palm
Sunday!**



www.ecopalms.org

**IMPORTANT NOTICE: ALL FAIR TRADE PRODUCT PRICES
INCREASE 25%, WITH ALL PROCEEDS SUPPORTING OUR
“FILL AN ARK” HEIFER MISSION PROJECT**



FEBRUARY 7, 2010

In a few weeks, 140 million people all over the world will tune in to the Super Bowl football game. There will be parties with abundant food, friendship and fellowship. At the same time, there will be people worrying about staying warm,

finding shelter and a warm meal. On **FEBRUARY 7, 2010**, Please join young people around the US as they demonstrate God's love by loving their neighbors through the Souper Bowl of Caring. It's a simple, yet significant act of caring for others. Drop \$1 in the soup pot as you leave worship on Feb. 1st. Those who need help may not know that you cared, but God will. And our young people are developing hearts for giving that can last a lifetime. Please support their efforts in your church!

Have questions? Here are some answers:



❖ **What is the Souper Bowl of Caring?**

An effort to touch lives & teach youth to fight hunger & poverty in their local communities. The Souper Bowl of Caring is a youth-led, grassroots movement of caring, who since 1990, has raised over \$33 MILLION for charities across the country.

❖ **How do I register for the Souper Bowl of Caring?**

It's simple. Just go to www.souperbowl.org or call 800-358-7687.

❖ **What do I have to do?**

It's easy! Just have your youth group collect dollar donations in a soup pot from worshipers on Feb. 1 as they depart services. Youth then count the funds and send EVERY DOLLAR DIRECTLY TO THE CHARITY OF THEIR CHOICE.

❖ **Why do I need to register?**

Knowing who is going to participate before Souper Bowl Sunday will allow Souper Bowl of Caring organizers to offer better resources to help you make your event a success. It will also help make the reporting process easier for you.

❖ **What do I do after my Souper Bowl of Caring event?**

1st – Report your collection amount to Souper Bowl of Caring. Your total will be added to all of the other collections across the country so a national total can be reported to the media.

2nd – Donate 100% of your collection DIRECTLY to the charity of your choice.

❖ **Why do I need to report my totals?**

It allows Souper Bowl of Caring to report a national total to the media & helps organizers build credibility with national sponsors and NFL teams. Imagine the day when your efforts are shared on national TV or even during the Super Bowl football game.

❖ **Where can I order resources, t-shirts and find out more info?**

Go to www.souperbowl.org for all your needs. Or call 800-358-7687.

\$10,367,325 was generated in 2009 – WAY TO GO!!!!!!!!!!!!!!

GET INVOLVED IN THIS SIMPLE, YET POWERFUL MOVEMENT OF CARING!

DO YOU *love* ME?*

***FEED MY SHEEP!**

John 21: 15-17



**sharing resources,
changing lives**

2010 ONE GREAT HOUR OF SHARING

For more than fifty years, Presbyterians have joined with Christians throughout the nation in supporting **One Great Hour of Sharing**, responding to Christ's love for all people by joyfully sharing that love with people in need. The refugee and the stranger have found food and safe shelter; those stunned by the aftermath of disasters have found relief and help rebuilding; and communities seeking to take control of their future have found partners in development. The hundreds of millions of dollars Presbyterians have given over the last half century have enabled a powerful witness to the love of the One who came that all might have life more abundantly.

One Great Hour of Sharing : After deducting administrative costs (up to 5%) and the costs of creating and distributing promotional materials (roughly 5%), the remaining undesignated gifts are divided among three programs as follows:

* 36% **Presbyterian Hunger Program** for ministries working to alleviate hunger and eliminate its causes, responding with compassion and justice to poor and hungry people in local communities, in the nation, and throughout the world, as well as ministries addressing homelessness and affordable housing.

* 32% **Presbyterian Disaster Assistance** for disaster response and ministries with refugees.

* 32% **Self-Development of People** for partnerships with groups of people who are oppressed by poverty or social systems, who want to take charge of their own lives, have organized to do something about their own condition, and have decided what they need to do to produce long-term benefits for themselves.

Order resources now! CALL (800) 524-2612.

REMINDER: Fairly Traded coffee, tea & chocolate products will be sold at all Presbytery Meetings.

25% of your purchase price supports our 2010 Heifer Ark mission project!!!



Coffee, Tea & Chocolate Prices



TEA - \$3.25 per box

Pyramid Chai Tea - \$4.00

COCOA MIX & BAKING COCOA - \$6.25



CHOCOLATE BARS - \$3.25

Dark Chocolate minis- 16¢ each



COFFEE



CONVENTIONAL \$6.50

ORGANIC \$7.00 FLAVORED \$7.50

ORGANIC DECAF \$8.25 FLAVORED DECAF \$8.75

SISTERS BLEND \$8.50

Almonds - \$6.25 Pecans - \$5.00 Cranberries \$5.00



ANNOUNCING WASHINGTON PRESBYTERY'S HUNGER CHALLENGE 2010!!!

FILL A HEIFER ARK! - CHANGING THE WORLD TWO BY TWO

Have you ever wanted to change the world? This year the body of Washington Presbytery is going to do just that!

The gift of a \$ 5,000 Heifer International Ark is an extraordinary opportunity to improve the lives of thousands of people who are struggling to lift themselves from poverty to self-reliance. What does this gift mean? It means oxen, donkeys & water buffalo... cows, sheep & goats... even bees, chicks & rabbits. Healthy, hardy animals that will go forth & multiply, improving lives for countless families & children.

Heifer's Mission to End Hunger: *Heifer envisions...*A world of communities living together in peace & equitably sharing resources of a healthy planet.

Heifer's mission is...To work with communities to end hunger & poverty & to care for the earth.

Heifer's strategy is... To "pass on the gift." As people share their animals' offspring with others – along with their knowledge, resources, and skills – an expanding network of hope, dignity, and self-reliance is created that reaches around the globe.

HOW IS WASHINGTON PRESBYTERY GOING TO RAISE \$5,000 FOR AN ARK?

- 25% of all Equal Exchange sales will support Ark mission
- 50% of CentsAbility offerings
- A portion of Hope for Hunger Event funds
- A challenge to each of our 63 churches to pledge \$79.36



D R E A M B I G !



HUNGER CHALLENGE 2010!!

HOW CAN YOU HELP FILL THE HEIFER ARK?



Ideas for Youth Groups

- Designate a portion of your Vacation Bible School offering to the Heifer ARK
- Prepare a pancake breakfast or soup-and-sandwiches lunch. Sell tickets in advance.
- Offer to do chores, such as raking leaves or walking someone's dog, with the fees going to Heifer.
- Collect copper pennies in large, clear containers. Offer a small prize to the person guessing the number in the jar, then contribute the pennies to Heifer -- counted and wrapped, please!
- Collect favorite family recipes into a cookbook that can be produced and sold.
- Hold a car wash.
- Using Read to Feed materials from Heifer, children can collect pledges from friends and relatives, who agree to pay a quarter or a dollar (or more) for each book the child reads during the four weeks of the program.
- Paint a Heifer mural in a hallway or on a classroom wall. A talented person (or team) draws the outlines, then children or adults can fill in the colors. You'll have a constant reminder while your campaign is going on and a keepsake after it's over.

Ideas for All Ages

- Make sure you bring plenty of change for the CentsAbility Offering at presbytery meetings because 50% is designated for our Heifer ARK
- Sponsor a Fair Trade/Equal Exchange Sunday and designate a portion of sales to the Heifer ARK
- Ask your Session for permission to take a special offering for our Heifer ARK
- Designate your PEACEMAKING OFFERING to our Heifer ARK
- Continue (or begin!) to buy Fair Trade/Equal Exchange coffee because 25% of cost benefits our Heifer ARK
- Designate part of your Sunday School offering to our Heifer ARK
- Ask your Mission Committee to pledge \$79.36
- Ask friends and family to remember your birthday, anniversary or other special event by contributing to our Heifer ARK
- Hold a walk-a-thon, bike race or dance marathon. Collect pledges for each mile or hour.
- Organize a team of volunteers to do house and yard projects, such as painting a room or cleaning gutters. The person receiving the service contributes the amount it would have cost to our Heifer ARK.
- Have an International Potluck Dinner and charge admission.
- Arrange a hunger-facts quiz in a popular game-show format. Raise money by having people pay to enter the contest or pledge in support of their favorite contestant